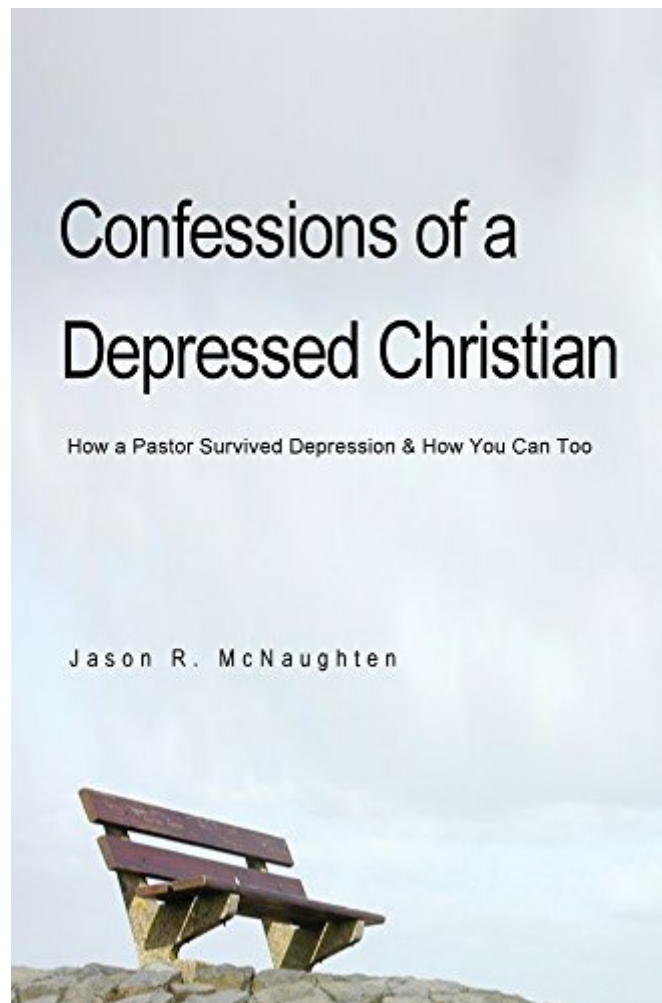




Ebook Directory
the best source of ebook

The book was found

Confessions Of A Depressed Christian: How A Pastor Survived Depression & How You Can Too



Synopsis

Is it possible for a Christian to be depressed? What does the Bible say about depression? In *Confessions of a Depressed Christian*, Jason gives an honest account of his own struggle of depression. His story provides biblical and practical information to help others struggling with depression. This book is also beneficial for family members of the depressed, as well as church leaders who minister to the depressed.

Book Information

File Size: 293 KB

Print Length: 120 pages

Page Numbers Source ISBN: 0692351434

Publication Date: March 30, 2015

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00VGAB08Y

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #157,622 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #63

in Kindle Store > Kindle eBooks > Religion & Spirituality > Christian Books & Bibles > Christian Living > Death & Grief #251 in Books > Christian Books & Bibles > Christian Living > Death & Grief #517 in Kindle Store > Kindle eBooks > Religion & Spirituality > Christian Books & Bibles > Christian Living > Personal Growth

Customer Reviews

I shed many tears as I read this book. I find myself a discouraged depressed Christian. I have a husband who has battled major depression over three fourths of our marriage of thirty years. The author has given some very good coping skills for both the depressed person and their family. I will certainly put these to use. Thank you for sharing your story. I have renewed hope that we can weather this storm.

This book is most valuable for what it doesn't do. It isn't "rah, rah", "just get yourself happy" etc. The

Psalms are full of praises but they also contain chapters on sadness, grief, bitterness. Somehow contemporary evangelical Christianity seems to ignore all that, and just assume you can just "pump yourself up" to cheeriness. I like how this book doesn't sugarcoat, or make one in Depression feel "less holier, less Spirit-filled" etc. Jeremiah was called a "weeping prophet" not because he wasn't "in the Spirit" but because he was! Wish more people would come out and say their experiences like JRM. Would actually be more encouraging than just another "pick me up" message, while waiting on Lord for deliverance. Thanks JRM.

Finally some good words concerning an ignored epidemic in our Christian society. Thank you so much Jason for sharing your heart and your knowledge. Must read for any of us that has or is there.

What a great book on Christian depression! I appreciate the transparency from Jason, he tells it like it is and doesn't overly simplify the ways to overcome the dark times. I also appreciate the caring way he provides steps to fight the depression. It was an easy read and he didn't use big clinical terms that needed research to understand what they really mean. Jason, thank you for taking the time to write this book and share your personal struggles. God is using your depression for His good because your book has given hope to others, including me.

This was an easy read. Pastor McNaughten cuts right to the heart of the matter & is very transparent. We often aren't aware that pastors are doing life just as we are & they feel the effects negative and all. If anything, they are at higher risk due to the issues they often must deal with (hurting people). They need our prayers and encouragement. I appreciate this book.

This book was a GREAT help in dealing with depression. I am his oldest sister and I too have gone through depression. I'm very PROUD of my brother on his book and how our LORD has helped him through those dark days. If you are looking for a book to help you overcome those dark days, this is a good read to help. I love you Jason!

This is a really helpful book! Depression hits Christians just as much as it does non-Christians, but many times depressed Christians are put under a guilt trip, thus making them more depressed. The book is a perfect length - long enough to give sufficient information and advice and short enough that someone who is truly depressed will not be intimidated by the size of the book. The author shares enough of his own struggles to establish his credentials as a struggler with depression

without bogging us down in too many details. The advice given is practical and readily applicable. This book represents a helping hand that can pull someone out of the bog of despair. I highly recommend this book.

Having walked through valleys of depression myself as a Christian, I found this open and honest book a great comfort. The insights he has shared were also a reminder of the journey with God I have traveled. His open Question of what are the blessings that came in the struggles of your life helped me to see how great God has been in my life.

[Download to continue reading...](#)

Confessions of a Depressed Christian: How a Pastor Survived Depression & How You Can Too
Depression Treatment Naturally & Depression Self Help: 21 Non-Medical Depression Cures To Stay
Happy For Life (depression cure, postpartum depression, ... depression self help, depression free)
Depression: The Depression Cure: The 11-Step Program to Naturally Beat Depression For Life
(depression cure, depression books, depression and anxiety, ... emotional intelligence, mood
disorders) You Can Do the Impossible, Too!: How One Man Overcame Tourette's
Syndrome To Become an Acclaimed Professional Magician and How You, Too, Can Live Your
Biggest, Boldest Life Depressed and Anxious: The Dialectical Behavior Therapy Workbook for
Overcoming Depression & Anxiety Bullied Kids Speak Out: We Survived--How You Can Too The
Depression Workbook: A Guide for Living with Depression and Manic Depression, Second Edition
Postpartum Depression: How to Overcome Postpartum Depression and Be a Happy Mom
(Postnatal Depression) Postpartum Depression Cure: The Self-Help Guide To Overcome
Depression After Childbirth (Post partum anxiety, Post partum weight loss, Post partum depression)
Teen Depression: A Parent's Guide for Recognizing the Signs of Teenage Depression and Helping
Your Child Find Happiness Again ~ (Help for Depression in Teens) I Survived the Japanese
Tsunami, 2011 (I Survived #8) I Survived the Attacks of September 11th, 2001 (I Survived, Book 6) I
Survived the Nazi Invasion, 1944 (I Survived #9) I Survived the Joplin Tornado, 2011 (I Survived
#12) I Survived the Shark Attacks of 1916 (I Survived #2) I Survived True Stories: Five Epic
Disasters (I Survived Collection Book 1) I Survived the Battle of Gettysburg, 1863 (I Survived #7) I
Survived the Eruption of Mount St. Helens, 1980 (I Survived #14) I Survived the Great Chicago Fire,
1871 (I Survived #11) I Survived the Hindenburg Disaster, 1937 (I Survived #13)

Contact Us

DMCA

Privacy

FAQ & Help